

Name: Colton Merrill, ATC, CPT		Grading Quarter: 3	Week 5 Beginning: February 3 rd 2025
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	<p>Objective:</p> <p>Describe the various massage strokes</p> <p>List the indications and contraindications for massage</p> <p>Select the correct massage stroke based on desired therapeutic effects</p> <p>Correctly perform each massage stroke</p> <p>Lesson Overview:</p> <p>L 9 Therapeutic Massage.pptx</p>	<p>Academic Standards:</p> <p>8.1</p> <p>8.2</p> <p>8.3</p> <p>8.4</p>
Tuesday	Notes:	<p>Objective:</p> <p>Describe the various massage strokes</p> <p>List the indications and contraindications for massage</p> <p>Select the correct massage stroke based on desired therapeutic effects</p> <p>Correctly perform each massage stroke</p> <p>Lesson Overview:</p> <p>L 10 Electrical Stimulation.ppt</p>	<p>Academic Standards:</p> <p>8.1</p> <p>8.2</p> <p>8.3</p> <p>8.4</p>
Wednesday	Notes:	<p>Objective:</p> <p>Using everything that the students learned in the modalities unit they will research 1 modality and present a 1-page educational flyer on that specific Modality.</p> <p>Lesson Overview:</p> <p>IN_CLASS time to do research and create a flyer</p>	<p>Academic Standards:</p> <p>8.1</p> <p>8.2</p> <p>8.3</p> <p>8.4</p>
Thursday	Notes:	<p>Objective:</p> <p>Using everything that the students learned in the modalities unit they will research 1 modality and present a 1-page educational flyer on that specific Modality.</p> <p>Lesson Overview:</p> <p>IN_CLASS time to do research and create a flyer</p>	<p>Academic Standards:</p> <p>8.1</p> <p>8.2</p> <p>8.3</p> <p>8.4</p>

Friday	Notes:	<p>Objective: Using everything that the students learned in the modalities unit they will research 1 modality and present a 1-page educational flyer on that specific Modality.</p> <p>Lesson Overview: IN_CLASS time to do research and create a flyer</p>	<p>Academic Standards:</p> <p>8.1 8.2 8.3 8.4</p>
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